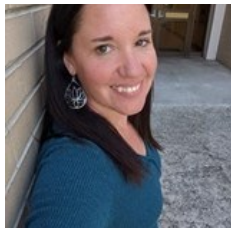


International Consortium of Universities for Drug Demand Reduction Newsletter - March 2023



From the Desk of the Deputy Director, Cary Hopkins Eyles, MA, CAP



Hope the month of March brought you some sense of revitalization and growth as Spring began!

We are excited to share that ICUDDR now welcomes individual faculty members to become members in addition to institutions (universities, colleges) which have traditionally been our only members. Please visit our website at www.icuddr.org/joinus.aspx to join us!

Enjoy this month's newsletter and feel free to send us ideas, pictures and stories about related events, and whatever you might want to see in future editions.

Thank you! Cary

eylesc@icuddr.org

Welcome New Members to the ICUDDR Family:

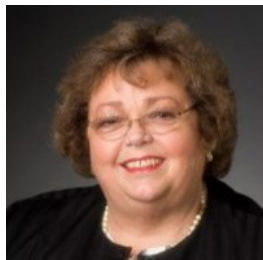
Today we have 366 University Members in 80 countries. We welcome new university members since February's newsletter from:

- ◇ The UNSA International University College in Belfast, UK
- ◇ MJP Rohilkhand University Bareilly, India
- ◇ Debre Markos University, Ethiopia
- ◇ University of West London, UK

Is your University a member yet? Are you an individual member?

<https://icuddr.org/aboutus/joinus.aspx>

Meet an ICUDDR Board Member: Treasurer/Secretary: Melody Heaps



Melody M. Heaps founded TASC (Treatment Alternatives for Safe Communities), in 1976 and led the NGO to become a nationally recognized agency before she retired as president in 2009. Under her leadership, TASC grew from a small pilot program in Cook County, Illinois, to

a 20 million dollar, statewide organization providing treatment alternatives to incarceration services in the criminal justice system to 20,000 individuals annually.

Ms. Heaps served as a delegate to "Beyond 2008," the global NGO forum to the United Nations General Assembly's Special Session on Illicit Drugs. Beginning in 1999, she chaired the steering committee for HHS/SAMHSA's (U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration) "Partners for Recovery" initiative. She also helped develop and implement NIDA's (National Institute on Drug Abuse) judicial training curriculum and organized the first national Managed Care and CJ Conference.

A graduate of Northwestern University, Ms. Heaps received the university's prestigious Service to Society award in 1995. She has co-written a number of published articles, including Recovery-Oriented Care for Drug-Abusing Offenders in 2009, Toward a Recovery-Oriented System of Care Within the Criminal Justice System in 2008, Toward a Rational Drug Policy: Setting New Priorities in 1994, and Making the Connection: Substance Abuse and the Use of Intermediate Punishments in 1992.

She is currently providing consulting services on public policy related to public health and addiction in the United States and internationally. Currently, Ms. Heaps is the Chair of the International Society of Substance Use Prevention and Treatment Professionals (ISSUP) and on our Board at the International Consortium of Universities for Drug Demand Reduction (ICUDDR). We are grateful to have her guidance and expertise at ICUDDR!

Education, Training and Conferences

IX Annual Ukrainian Psychiatric Association Conference ISSUP Symposium, February, 24, 2023

As part of this panel, Fernando Salazar Silva and Cary Hopkins Eyles shared about the power of global networks to improve results in substance use and related disorders. Cary gave an overview of collaborations through ICUDDR in all 6 regions while Dr. Salazar spoke about INEP and other prevention work being done through multiple Universities.



ITTC Update

ITTC Colombia has launched!

On March 1st, the 8th International Technology Transfer Center launched in Colombia in partnership with the Universidad Nacional de Colombia. This is the second ITTC in Latin America after the launch in Peru and represents a growing presence in the region. It also signifies a shift towards a systems-based approach rooted in substance use research translation that allows research, academia, government, policy experts, the community, and the workforce to create integrated programming for healthier communities.




ICUDDR Webinars in March

Needs assessment and preparatory work for addiction science programs at universities—Experience of universities in South Africa


Drs. Beatrice Kathungu, Rehana Kader, and Martin Agwogie (pictured right with Executive Director of ICUDDR Kevin Mulvey) presented their second Africa regional webinar on March 27, 2023. The presentation explained why a needs assessment is so critical and how it can help us understand the current state of addiction curricula at universities and the perceptions of the need. Data from the assessment can be used to move forward in planning and implementation. The case study of South Africa was used as an example. The recording of the webinar is available at:

https://youtu.be/vQ_SubQu5zY



What Doesn't Work in Substance Use Treatment?

- Drug education
- Films
- Supervision alone, without treatment
- Self-help alone, without treatment
- Building self-esteem as primary focus



Behavioral Health Services in Jail and Prison

On March 28, 2023, Roger Peters, PhD, Emeritus Professor and Fulbright Scholar, Department of Mental Health Law and Policy, University of South Florida presented this session.

Dr. Peters provided an overview of behavioral health services in jail and prison. Treatment in a jail or prison setting provides an opportunity to provide services to those who otherwise might not seek treatment on a voluntary basis or who have had limited participation in treatment in the past.

Substance use treatment enables people in jail and prison to begin developing new skills, and it serves as a foundation for subsequent involvement in community-based treatment.

Can you train on empathy? How to help students build skills for SUD work

On March 30th, 2023 Cary Hopkins Eyles, MA, CAP, Deputy Director ICUDDR, presented on what empathy is, why it is critical in our work, and how we can teach skills. The differences between empathy and sympathy were explored, neuroscience of empathy, and how to empathy techniques. Active listening, empathetic statements, and role playing activities were discussed for educators.

What is empathy?

- Empathy is the ability to recognize, understand, and share the thoughts and feelings of another being
- I know you are feeling sad and I know what it is like to feel sad

Cary Hopkins Ey... (Host)

ICUDDR at the 66th Meeting on the Commission on Narcotic Drugs

ICUDDR attended the 66th Meeting of the Commission on Narcotic Drugs at UNODC in Vienna, Austria-March 13th to 16th. ICUDDR attended the CND meetings in Vienna and listened to the discussion by Member States on additional and amendments to the conventions. During the week several drugs were added to the schedule II of the convention on drugs specifically synthetic cannabinoids as well as stimulants.



While attending the 66th CND, ICUDDR also participated in various side events. These included a session by Colombo Plan on their 50th year of the DAP program. The session by Colombo plan highlighted the works that they have done and the future directions regarding the training curricula published, underdevelopment along with online course. ICUDDR presented about the consortium along with how we have been partnering with Colombo Plan, ISSUP, GCCC and OAS/CICAD. The session was full and well received.



Other side events included the Session on Quality Standards where several presentations from UNODC, NIDA, the EU, Nigeria, Spain, Portugal and the United States. These presentations focused on the UN standards guidance document on Drug Treatment services, its development and the results of the pilots that took place. Additionally, there were clinical practice examples as to why standards of care are important.

In addition to these side events on quality and prevention ICUDDR also attended the session on the synthetic drug strategy. At these events ICUDDR and ISSUP had the opportunity to meet the leaders from the US: Dr Raul Gupta (ONDCP), Secretary Robinson (State/INL), and Dr Nora Volkow (NIDA).



ICUDDR, as a member of the Vienna NGO Committee, participated in the annual membership meeting where the new board members were elected.

In addition, discuss and voting on resolutions regarding membership fees were also passed. The new chair of the committee is someone that ICUDDR has a strong history, Mr. Matej Kosir.

One of the main purposes of attending the CND was to have an exhibit. The exhibit showcased the work of ICUDDR, the ITTCs along with ISSUP, GCCC, and the Colombo plan. Many delegates to the meeting stopped by our area in the central rotunda.

(Pictured, L to R: Dr. Kevin Mulvey, Livia Edegger, and Joanna Travis-Roberts)



ICUDDR Regional Activities

Asia/Pacific

ICUDDR Global Conference

The ICUDDR Asian-Pacific regional sub-workgroup has been meeting every two weeks to plan our Annual conference which will be held in Chiang Mai August 9-11, 2023. The call for abstracts yielded over 60 submissions from around the world with excellent research and educational topics. The agenda for the conference is shaping up and the conference will be an excellent event. Information is being updated frequently at <https://icuddr.org/conferences/2023-conference.aspx>
The next meeting of this workgroup is April 4th at 10:00 AM EDT

Latin America and Caribbean

FIRST LATIN AMERICA AND THE CARIBBEAN REGIONAL MEETING OF THE INTERNATIONAL CONSORTIUM OF UNIVERSITIES FOR DRUG DEMAND REDUCTION (ICUDDR)

Inter-American Drug Abuse Control Commission (CICAD)/Organization of American States (OAS) ISSUP Argentina, ISSUP Global y CICAD se asocian para organizar un evento **regional** presencial del 17 al 22 de abril de 2023 en Buenos Aires, Argentina.
Buenos Aires, Argentina April 17-18, 2023

Europe

The European regional group is finalising the pilot phase of on-line academic mobility program (thank you to Susana Henriques for her hard work) for European members - as a model ICUDDR program. You will hear more about this after the pilot is complete!

This group is also finalising a special issue of Addictology Journal (<https://adiktologie-journal.eu/>) focusing on quality and quality control systems - there will be 8 case studies from different countries (prevention, treatment, harm reduction) with examples showing how they developed a national quality assurance systems and implemented quality standards specifically focus on addictions. The issue will be available in June 2023.

Last, the group is preparing an on-line conference (final conference) of this project (FENIQES-EU) in Prague and it will be open to ICUDDR members on-line - a flyer with all details will be circulated in April - for more info: <https://feniqs-eu.net/>

The next meeting of this group is April 25th at 9:00 AM EDT

North America and Canada

The North American regional center is inviting all Universities in North America and Canada to participate in a project. We would like to invite you to engage in the work of ICUDDR in the ways that make sense to you and are mutually beneficial. Our goal is to create Teaching Resource Manuals - we envision these as documents others can use to develop or improve their addiction science academic programs. As a way of continuing our efforts, it would be very helpful if you could send us the materials, such as curricula, program structure, syllabi, etc that you use at your University. We will try to incorporate the most important pieces of multiple materials into a single source that could benefit students and trainees in North America, and, in fact, across the globe. Your University will most certainly be credited. Please send any contributions to eylesc@icuddr.org

The next meeting of this group is April 24th at 12 noon EDT.

Partner Activities

ISSUP Regional Meeting

ISSUP Buenos Aires 2023 Conferencia Regional de ISSUP

Fecha: 19-22 de Abril, 2023 Ceremonia Apertura: 19 de Abril at 9:00 am

ISSUP Argentina, ISSUP Global, CICAD y INL se asocian para organizar un evento regional presencial del 17 al 22 de abril de 2023 en Buenos Aires, Argentina.

Este evento aportará los últimos conocimientos en los campos de la prevención del consumo de sustancias, el tratamiento, el apoyo a la recuperación y las alternativas al encarcelamiento, permitiendo al personal regional reunirse e intercambiar conocimientos. Este será el primer evento ISSUP en español ¡y es gratuito!

Visite el sitio web de ISSUP para registrarse en la conferencia en ISSUP Buenos Aires 2023:

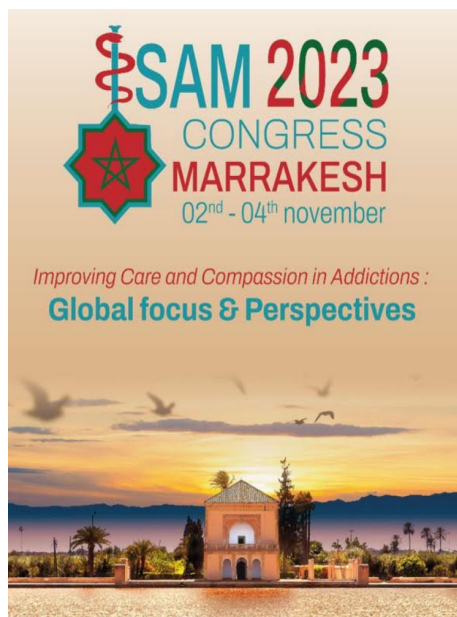
<https://www.issup.net/es/about-issup/workshops/buenos-aires-2023/registration>

NIDA Key Event and Dates

NIDA International Program Opens NIDA International Travel Award Requests

The [NIDA International Program](#) will bring together attendees from around the globe for the virtual 2023 NIDA International Forum on June 8 and 9. The Forum research symposium, poster session, and network-building activities focus on a range of topics of global interest and highlight the range of drug use and addiction research conducted around the world.

ISAM 2023 Congress



The 25th Annual Congress of International Society of Addiction Medicine to be held in Marrakech, Morocco from November 2th to 4th, 2023. More information can be found at: <https://ama-maroc.com/isam-congress/>

CALL FOR INDIVIDUAL ABSTRACTS AND SYMPOSIA ARE NOW OPEN! Go to: <https://ama-maroc.com/isam-congress/abstracts-submission/>

Presentation type	Submissions Open	Submissions Close
Oral/Poster Abstract	January 15th, 2023	April 15th, 2023
Workshops	January 15th, 2023	April 15th, 2023
Symposium	January 15th, 2023	April 15th, 2023
NIDA and ISAM Travel Awards Applications*	January 15th, 2023	April 15th, 2023

International Consortium of Universities for Drug Demand Reduction (ICUDDR) Annual Meeting

in conjunction with the

12th National Thai Conference on Substance Abuse

Addiction Science, Policy and Education:
Growth and progress in a post pandemic world

**August 9 - 11,
2023** | **Chiang Mai University,
Chiang Mai, Thailand**

Co-facilitators: Mahidol University and Chiang Mai University



Visit <https://icuddr.org/conferences/2023-conference.aspx> for more info and registration when open.

UPCOMING ICUDDR EVENTS AND ACTIVITIES– April

April 13, 2023 **Webinar on Developing the Addiction Workforce in Africa**

Presented by: Beatrice Kathungu, Martin Agwogie, Rehana Kader

ISSUP-ICUDDR Collaboration

Representatives from ICUDDR Africa will report on the status, progress, and activities in their region re: substance use disorder/addiction education.

April 25, 2023 **The use of peer navigators to support justice involved individuals**

HRSA Grantees ONLY

Presented by: Ed Hayes, Assistant Superintendent, Franklin County Sheriff's Office

UW/HRSA BHE-TAC 2

This session will explore the core competencies for peer support in correctional settings; highlight the use of peer support in community corrections settings to improve recovery and reentry outcomes; identify emerging and best practices for integrating peer support into correctional settings; and provide recommendations for program design and implementation.

CONNECT WITH US:

- Visit our website for more information: www.icuddr.org
- View our resources: <https://www.icuddr.org/resources/resources.aspx>
- Please reach out via email if we can be of assistance: info@icuddr.org
- Join us! To learn more about membership for your university or your university partners: <https://www.icuddr.org/aboutus/joinus.aspx>